Monday’s Meeting September 28, 2015:
Cynthia Brown-Chery—Lucas County Heroin & Opiate Initiative

The use of heroin and other opiates is a public health crisis in Ohio. People are overdosing at alarming rates in Lucas County. The Lucas County Heroin & Opiate Initiative, a program of Harbor Behavioral Health, Affiliate of ProMedica, will address the growing epidemic with funding through the Mental Health and Recovery Services Board. The presentation will include a video, a discussion of the current statistics related to heroin and prescription painkillers in Ohio and Lucas County, the profile of the new heroin user, how to safely dispose of unused prescription medications, and where to get information on heroin and opiate treatment and resources in Lucas County. Cynthia P. Brown-Chery is a Prevention Educator at Harbor Behavioral Health, the largest behavioral healthcare group in Northwest Ohio. She is an Ohio Certified Prevention Specialist II and a National Certified Counselor, with over 30 years of experience in counseling, teaching, substance abuse and violence prevention. She has served in administrative, counseling and teaching positions in public and private institutions including the University of Toledo College of Medicine and Life Sciences, the Columbia University School of Engineering and Applied Science, the City University of New York Medical School, the Rochester Institute of Technology, Sinclair Community College and the Upper Valley Career Center. She has a Bachelor of Arts degree from Ohio Wesleyan University and a Master of Science degree from the State University of New York, College at Brockport. In her current position at Harbor Behavioral Health she is part of the clinical team in Prevention Services for youth and adults, and coordinates the Lucas County Heroin & Opiate Initiative.

Upcoming Meetings/Events

FRIDAY, September 25
9:00 am—1:30 pm Zoo Day

SATURDAY, September 26
11:00 am Vassar Golf Tournament—Spuyten Duyval Golf

MONDAY, September 28—Speaker: Cynthia Brown-Chery
Program: Lucas County Heroin & Opiate Initiative
Greeters: Bill Cook, Mary Ann Culpert, Janina Douglas, Mary Fedderke, Scott Fry, Eric Jordan, Kristina Latta-Landfeld, Tony Ruth

Committee Meetings:
1:00 pm Investment

TUESDAY, September 29
7:30 am—Members Engagement—Café Marie Maumee

MONDAY, October 5—Speaker: Peter Elliott
Program: U.S. Marshals Service—Yesterday & Today
Greeters: Sharon Gaber, Tim Harrington, Scot Hinshaw, Bob Huber, Ben Hunger, Gary Johnson, Brian Kennedy, Tim Koder, Martin LaMar

MONDAY, October 12—NO MEETING

MONDAY, October 19—Rotary on the Road @ the Zoo
Speaker: Jeff Sailer
Program: Toledo Zoo
Greeters: Guisselle Mendoza, Majida, Mourad, Kevin Mullan, Dean Niese, Daric Peppers, Judy Potter, Brad Rubini, Hunt Sears, Neil Neukam

Committee Meetings:
1:00 pm Nominating @ the Zoo

WEDNESDAY, October 21
12:00 pm Foundation Trustees, Toledo Club

FRIDAY & SATURDAY, October 23 & 24—Rotary Lake Erie Water Conference Grand Plaza Hotel

MONDAY, October 26—Speaker: Erin Thompson
Program: Social Security Overview
Greeters: Jim Scheib, Joe Sharp, Paul Sullivan, Travis Tangeman, Lou Tosi, Keith Walker, Tom Waniowski, Zak Vassar, Dan Zimolzak

Committee Meetings:
11:00 am Program

Internet Viewing: The past meeting can be viewed online at https://vimeo.com/140091812.
John Tharp—Heroin Epidemic and DART

John Tharp talked about the human trafficking and heroin problem in Lucas County. These are problems which go hand in hand as addicts turn to prostitution to fund their habit and prostitutes turn to heroin to cope with their plight. Sheriff Tharp began his career in law enforcement as a beat cop. He explained that back then police just called the coroner when they encountered an overdose. As they began to respond to overdoses more frequently, a need for intervention became apparent. The sheriff stated that a lot of times, families will lie to 911 operators to save face saying that a family member has fallen or is choking when in fact, the family member has overdosed. Law enforcement began working with A Renewed Mind to provide assistance to addicts. They began with two deputies to assist addicts and are now up to 10 full time deputies which will grow to 12 very shortly. These deputies work with addicts to keep them straight. John stated that part of recovery is relapse. He once had an addict who relapsed and called police for assistance. The addict laughed that he had never called the cops when taking drugs. The sheriff stressed that law enforcement is being aggressive on drugs because this area is ripe for prostitution. The crossroads of Cleveland, Detroit, and Chicago, provide the perfect storm for human trafficking which police are trying to mitigate. The Drug Abuse and Response Team (DART) provides educational materials for addicts and a support system. It was started with an $800,000 budget and has helped 600 people in its first 11 months.

Donate to the Toledo Rotary Foundation to invest in Service Above Self!
Contributions have been made to the Toledo Rotary Foundation by Walt & Julia McGhee in memory of Bill Bates and Sam Rice

Frederick & Jacqueline Yocom
Kathy Carroll
Janina Douglas
Andria Dorsten Ebert
Jillian Gustafson
Stacy Hammer
Peter Handwork
Reg Jackson
Tom Kabat
Mark Korn
Joe Luzar
Debbie Monagan
Daric Peppers
Judy Potter
John Roemer
Brad Rubini
Tim Ryan
Sharon Skilliter
Andy Stuart
Joe Tafelski
Kathy Tate
Katie Zraik

HANDWORK MEDIATION SERVICES LLC
Mediation and Arbitration Services

Judge Peter M. Handwork (Ret.)
419.349.6031
phandwork@bex.net
Mediation & Arbitration of All Civil Disputes

WILLIS DAY
Business Center
“A place to locate...a place to grow.”
Leasing Space for Manufacturing/Offices/Warehousing
419.476.8000

2015-16 Foundation Goals

Contributions Simplified

Rotary Club of Toledo

Rotary Foundation Goal: Each member supports at the President’s Club Level—$250 annually

* President’s Club: $250 annually—$21/mo for 12 months

Rotary International Foundation Goal: ‘Every Rotarian Every Year’ Level—$100 annually

* Every Rotarian Every Year @ $100 annually — $9/mo for 12 months

Rotary International Foundation Goal: ‘End Polio Now’—$25 annually

* End Polio Now @ $25 annually = $2/mo for 12 months

$32 month = Goals Accomplished!

No Processing Fees
Contact the Rotary office @ 419-241-7060

Alpha Home Healthcare, Inc.
“Bringing Reliable Care to the Comfort of Your Home”

Phone: 419.720.0028  Fax: 419.720.0029

We Provide:
Skilled Nursing  Physical Therapy
Occupational Therapy  Speech Therapy
Personal Care  Home Making
Respite Care

We Accept:
Medicare  Medicaid
HMOs  Waiver Programs
Medicare

2735 N. Holland Sylvania Rd. Suite A1 Toledo, OH 43615
www.alphahomehealthcareinc.com
The Epilepsy Center of Northwest Ohio is excited to share that a generous grant was awarded by the Toledo Rotary Foundation for automatic doors at our facility located at 1701 Holland Road, in Maumee, Ohio. Upon moving to this location in June of 2013, it was immediately evident that there was a need for automatic doors. A sufficient amount of our clients and patrons are physically handicapped and ease of access for them is crucial. Providing Adult Day Services for over 35 people currently, our staff has struggled with getting wheelchairs through doors and keeping them open safely for ingress and egress. This generous grant has allowed us the possibility to improve both what we do and how we do it.
Get to know... Travis Tangeman

Describe your profession and what is your favorite part of it?
I am the co-founder and chief technology officer for HarborLink Network, Ltd. HarborLink is an international network of Wi-Fi hotspots and internet services. Our customers range in size from mom and pop businesses, library systems, colleges and universities, municipalities, national restaurant chains, and nationwide groups such as BP North America. My favorite part of my job is that I get to wear every "hat" including sales, customer support, project management, product development, and network troubleshooting. Troubleshooting, whether it be with a customer or on our backend systems, is by far my favorite thing I do. I love being handed a riddle that needs solving and sticking with the issue until it’s resolved.

What do you like to do when you are not working?
Not working? What’s that? In all seriousness, I enjoy snow skiing, golf, tennis, and running. I’ve completed 3 full marathons and 7 half marathons among other races. Cooking has always been a favorite pastime. Since moving to Toledo back in February, the love of cooking has turned into me starting my own blog to act as a personal recipe book as I try to learn new techniques and cuisines. First tip...have a cocktail when cooking and have Marco's on speed dial...really helps ease the concerns in the off-chance that your recipe fails!

What is the most satisfying benefit you get from being a Rotarian?
Although it's early in my involvement, I enjoy having the opportunity to escape my work to focus on things besides me. Owning my own company, it is easy to internalize all aspects of work and make it very personal. That is what makes a small company special. We truly take everything personally (both negative and positive things) and it is easy for that to translate into a self-centered view of things. Rotary allows me the opportunity to be involved in projects that make a difference in people’s lives, but it has nothing to do with "me" and is all about what "we" as Rotary are doing. Whether a "small" local project or larger issues where we are coordinating with Rotary International, the opportunity to serve without need or want for recognition is special.

Tell us about your family.
My wife, Tracey, who is also a member of Toledo Rotary, is the most amazing individual I’ve ever known. As a Prosecuting Attorney, both at the county level (Montgomery County) and now Federal (here in Toledo), I enjoy being the other half to an incredibly talented, driven, compassionate and hilariously funny woman. I searched for a long time to find the woman that would bring most of the traits I desired in a partner. I met Tracey and knew within minutes that I'd found the woman that encompassed ALL of those traits and many I didn't even know I wanted. Our daughter, Bryn, is seven years old...going on 30. She is every great quality of my wife with a sarcasm and orneriness that I'll take credit for. She has the innocence of a child and the humor of an adult. Her laugh is contagious and her ability to show compassion and care is nothing short of heartwarming and wonderful. Together, these women make me strive to be a better person than I am, the best husband I can be and the hardest act to follow for any suitors that may ever decide to risk showing up at my house to date my daughter.

Share one thing people do not know about you.
I am a proud Sigma Chi since 1992 and have been actively involved ever since, most recently acting as the House Corporation President of my alma mater chapter at Dayton up until our move here to Toledo in February.

Share some “words to live by” or your favorite quote.
“If we worked on the assumption that what is accepted as true really is true, then there would be little hope for advance” - Orville Wright

What would you be doing if you were not in your profession today?
I would be in some sort of customer-facing position, be it sales or project management. I enjoy the ability to advocate for my customers and ensure that solutions are delivered on time.

Outside of Rotary, please share other interesting civic or community involvement of which you are a part.
Since our move to Toledo a few months back, my service outside of Rotary has been limited to coaching youth soccer in Ottawa Hills. Back in Dayton, I was a board member of the Carillon Historical Park in their fundraising efforts, worked with the undergraduate chapter of Sigma Chi at the University of Dayton, and was a youth soccer coach.

Where do you see yourself in ten years?
I see myself here in Toledo. Careers and business may fluctuate or change, but my family is where I will be.
Advertise in the Spoke!
Quarterly Rates (3 months):
Business Card size: 2” x 3.5” = $175
¼ page: 5” x 3.5” or 2.5” x 7.5” = $300
½ page: 10” x 3.5” or 5” x 7.5” = $550
Full page 10” x 7.5” = $1000
Please contact Jim Norman at jnorman@toledorotary.org or 419.241.7060 for information. Weekly rates are also available.

Everyone Needs Help Sometimes.
Mental health issues affect 1 in 5 people.
We Can HELP!
HARBOR IS THE LARGEST MENTAL HEALTH PROVIDER IN NW OHIO.
WE TREAT ADULTS, YOUTH & FAMILIES. WE CAN:
MANAGE:
• Relationship Issues
• Work-Life Balance
• Depression
• Anxiety
• Anger
• Stress
• Grief
DIAGNOSE & TREAT:
• ADHD
• Autism
• Learning & Language Disabilities
• Developmental Delays
• Bipolar Disorder
• Substance Use

419.475.4449 | www.harbor.org
We offer convenient hours, flexible payment methods and strict confidentiality. Most insurance, Medicaid, and private pay accepted.

The Andersons
Deeply committed to serving our community, and grateful to those who join us.

Fry Heating - Cooling - Plumbing
“Serving Northwest Ohio Since 1930”
1909 Tremainsville Road
Toledo, Ohio 43613
114 E. Perry Street
Port Clinton, Ohio 43452
Toledo Corporate Office 419-472-1106
Port Clinton Office 419-734-3674
Toll Free 877-411-1139

PROMEDICA
promedica.org
WELL CONNECTED.

For more information call: 419.241.7060 toledorotary.org

Harbor
Behavioral Health
Affairs of
PROMEDICA

Volunteer
CELEBRATING OUR SECOND CENTURY OF SERVICE
HELP CARRY ON A LONG-STANDING TRADITION OF SERVICE AND EXCELLENCE

Rotary Club of Toledo
September Birthdays

Gary Robinson (1)  
Anna Kolin (3)  
Coleen Neidert (3)  
Mike Truesdell (3)  
Stephen Dunbar (4)  
Steve Skutch (5)  
William Boeschenstein (7)  
Hal Burke (7)  
Mari Davies (8)  
Kristina Latta-Landefeld (9)  
Sean Cree (12)  
Rachel Hobson (12)  
Jillian Gustafson (13)  
Ernie Brookfield (14)  
Scott Fry (15)  
Martin LaMar (17)  
Judy Leb (17)  
Kim Sidwell (17)  
Gregory Steenrod (17)  
Sarah McHugh (18)  
Susan Palmer (18)  
Tim Ryan (18)  
Mike Bower (20)  
Joe Zerbey (20)  
Margaret Beck (22)  
Tony Broer (22)  
Ben Dansard (23)  
Kevin Rahe (23)  
Kevin Dalton (25)  
James Gee (26)  
Craig Roberts (27)