Monday’s Meeting: March 26, 2018
Matt Bell
Team Recovery

Matt Bell, 31 years old, is the President and Co-founder of Team Recovery, and the Chief Operations Officer of Midwest Recovery Center & Midwest Detox Center. Born and raised in Toledo, he graduated from St. Francis de Sales in 2005 and earned an academic/athletic scholarship to the University of Toledo, where he played baseball. After an injury, he became addicted to the pain killers that were prescribed to him. One thing led to another, and as we see so often today, Matt’s situation turned into a 9 year bout with heroin. Jail, arrests, and overdoses became his reality, although that was never anything he foresaw or dreamt of doing. Today, in Team Recovery & Midwest Recovery Center, he uses his past & his biggest liabilities as assets to help the individuals and families who are still suffering from the disease of addiction, and to carry an important message to our youth.

Matt will be speaking on surviving addiction, finding a way out, and using his past liabilities to be his current assets. Team Recovery started with a few of them together in detox in Toledo, Ohio. They originally formed it to help one another and start a movement to break the stigma that is attached to drug addiction. Within a very short time it has evolved to MUCH more!

UPCOMING PROGRAMS

<table>
<thead>
<tr>
<th>Date</th>
<th>Program</th>
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<tbody>
<tr>
<td>Monday, April 2</td>
<td>NO MEETING, EASTER</td>
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<tr>
<td>Monday, April 9</td>
<td>Marcy Kaptur, Ohio Congresswoman</td>
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<tr>
<td>Monday, April 16</td>
<td>NO MEETING</td>
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<tr>
<td>Monday, April 23</td>
<td>Mary Ann Gawelek, Lourdes University</td>
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<td>Monday, April 30</td>
<td>MESA Speaker</td>
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SCHEDULED MEETINGS/EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Program</th>
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<tbody>
<tr>
<td>Monday, March 26</td>
<td>New Member Committee, 1pm</td>
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<td>Historic Committee, 1pm</td>
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<tr>
<td>Monday, April 9</td>
<td>Program Committee, 11am</td>
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<td></td>
<td>Vocational Service Committee, 1pm</td>
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<tr>
<td>Tuesday, April 10</td>
<td>Executive Committee, 7:30am</td>
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<td>Friday, April 13</td>
<td>ITZA Cabaret! Parkway Place, 2592, Parkway Plaza, Maumee, 5:30pm—11pm</td>
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Rotary Club of Toledo
Your Toledo Rotary Club Foundation

Grants Awarded!

Thanks to your generous donations, the Toledo Rotary Club Foundation has awarded $116,339 in grants so far this year.

First Grant Cycle:
Catholic Charities Diocese of Toledo, Inc—$5,400
  Kids Against Hunger Food Pack—$7,500
  Glendale Feilbach Zoo Day—$3,081.15
  International Service Fellowship—$5,000
  UT Foundation: Irkaswaa Water Project—$10,000
  565 Academy—$3,000
  Toledo Repertoire Theatre—$6,800
  UT Foundation: Harmful Algae—$10,000

Second Grant Cycle—Recently Approved Grants:
  Prevent Blindness Ohio—$2,7000
  Reentry Coalition of NW Ohio, Inc—$10,000
  Remembrance, Inc—$3,423
  Toledo Society for the Blind, The Sight Center—$3,350
  Pure Water for Limonade, Haiti—$10,000
  Father’s Rights Organization—$5,285
  Girl Scouts of Western Ohio—$10,000
  Historic South Initiative—$10,000
  St. Francis Interact Christmas Party—$800
  Community Conversations for Lake Erie—$2,500
  Tree Planting with the Black Swamp Conservancy—$7,500

Your Donations Made These Gifts Possible
Presenting Sponsor

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ITZA Cabaret Dress Code:

*Period Attire Encouraged!*

Cocktail/Evening Attire
(Black Tie Optional)

*Items still needed:*

* Baskets to package silent auction items—any size
* Bottles of wine to include in silent auction packaging
* Fantastic donations to silent auction—item or gift card!

RESERVE YOUR SEAT NOW

DONATE TO THE SILENT AUCTION
When: Saturday, May 5th—From 8:30am—2:00pm  
Where: Meeting at Central Catholic HS Parking Lot  
Who: Volunteers from our Rotary Club will work together with other local Red Cross volunteers  
What For: To install a minimum of 250 smoke alarms in Toledo inner city houses  
Why: American Red Cross—Sound the Alarm Goal to reduce death and injury from home fires by 25% by the year 2020.

VISIT EMILY’S TABLE TO SIGN UP!

Kevin is currently the Vice president of Sales at Silverback supply, Silverback is a janitorial supply distributor based here in Toledo, Ohio. Kevin grew up in Sylvania and went to St Francis de Sale high school. He then went to Bowling Green University where he received his degree in Supply Chain Management. Kevin played Lacrosse for both St Frances and BGSU. After graduating Kevin was door to door salesman for AT&T selling TV/Internet which hone his sales skills. Kevin is a downtown resident loving the city and all it has to offer. When Kevin is not working or networking he enjoys outdoor activities like golf, volleyball running and skiing. He also enjoys traveling and doing adventurous things he likes sky diving and spartan races. In the fall on Sundays he enjoys spending time with his dad Dan watching the Patriots. Dan is from Boston, so Kevin really didn’t have a chance to become a Browns fan. Kevin’s biggest pet peeve is Tom Brady haters.

BE A MENTOR FOR AN HOUR!  
INTERACT MOCK INTERVIEWS

Monday, March 26: St. Francis Interact Club  
Monday, April 23: Toledo School for the Arts

These one-hour interviews achieve several things:

A. It offers high school students the chance to meet business leaders in their community in a professional environment.
B. They have an opportunity to gain tremendous insight into their own journey ahead while seeing the possibilities in their own community.
C. Rotarians have the chance to serve our young adults, offer insight from our own experiences and, above all, encourage the principles of our four-way test.

If you have any questions, please contact Rachel Hobson at Rachel@HobsonCoaching.com.
John Gorski, President and CEO of North American Science Associates (NAMSA), talked about new technology in the medical device industry. Instead of an 8 hour surgery to clear blocked arteries in the heart, they are now able to feed a catheter through the groin up into the heart and expand a stent to clear the blocked artery. This makes recovery time significantly shorter. They now have mechanical and tissue mitral valves—which can replace a leaking mitral valve in your heart where blood flows backwards. The US makes up 38% of the medical device market, and the global market is expected to grow at rate of 5.3% through 2020 to $478 billion. Approval for new medical devices can take anywhere from 3 up to 7 years. All countries have their own approval processes and guidelines. The US market is one of the markets that takes the longest for approval of new devices.

Our world’s population keeps growing at a faster rate, and over 15% of the average age of the population is over 65. The prevalence of chronic disease in the US is expected to reach 171 million by 2030. These facts increase the need for newer technology. Gorski believes medical devices should be chosen over medicines because they last longer and have fewer chances of interacting with one another. With technological advances in the medical device industry, the possibilities are endless. Google is even developing a contact lens that can detect glucose levels in tears—removing the need for people with diabetes to prick their fingers to draw blood.
March Birthdays

Walt Churchill (1)  
Mark Stephens (1)  
Randy Rothenbuhler (2)  
Dick Wolff (3)  
Tim Harrington (3)  
Bill Thomas (4)  
John Lark (5)  
John Kendzel (6)  
Michael Marsh (6)  
Rob Krain (8)  
Dean Niese (10)  
Matt Lentz (11)  
Steve Martindale (12)  
Steve Johnson (12)  
John Wiley (12)  
Chad Bringman (13)  
Tracey Tangeman (14)  
Travis Tangeman (14)  
Chuck Mann (15)  
Matt Sapara (16)  
Vicky Bartlett (21)  
Jamie Adams (24)  
Keith Burwell (24)  
John Roemer (26)  
John Nelson (26)  
Will Lewis (27)  
Kelly Trame (27)  
Robb Brown (28)  
Kirkland Mizerek (28)

We Welcome Guests at Rotary!

When bringing a guest to the Monday program, please sit at one of the tables marked “Guest Table”. There will be two designated tables near the floor mic each week for Rotarians and their guests. Come enjoy the program and get to know your future, fellow Rotarians!

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President-Elect | Dick Wolff  
1st Vice President | Tim Ryan  
2nd Vice President | Peter Handwork  
Secretary-Treasurer | Mike McIntyre  
Board Members | Cindy Binkley, Bob DiNardo, Reg Jackson, Steve Johnson, Brian Kennedy, Jim Kniep, Dean Niese, Dan Skilliter

Foundation Officers and Trustees
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Vice Chairman | Kathy Mikolajczak  
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Toledo Rotary Website | toledorotary.org  
Toledo Rotary Phone | 419.241.7060

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